

# Roadmapping Success

July 28-29, 2025

Instructor: Anna Frebel

Materials provided: Lecture notes, workbook for session discussions/activities

## Day 1

### Session 1: Foundations of Leadership of Self

- 8:30- 9:00 (30min) Light breakfast and networking
- 9:00- 9:30 (30min) [Welcome, overview, and setting group norms](#)
- 9:30- 9:50 (20min) [Authentic leadership: Leadership of self and Who do you want to be?](#)
- 9:50-10:30 (40min) [Career advancement matrix: Skills assessment, goal setting, and vision planning](#)
- 10:30-11:10 (40min) [Internal conflict: The stories we tell ourselves](#)
- 11:11-11:30 (20min) Coffee break
- 11:30-12:30 (60min) [Holding space: Embrace both uncertainty and vision to shape your future](#)
- 12:30-1:30 (60min) Lunch

### Session 2: Roadmapping Your Next Big Career Move

- 1:30- 2:00 (30min) [Assess your village: Optimize networking, mentorship and feedback](#)
- 2:00- 2:30 (30min) [Communicating for success: Clear, Confident, and Impactful Communication](#)
- 2:30- 3:00 (30min) [Strategic planning: Values, timelines, and actions vs goals](#)
- 3:00- 3:30 (30min) Coffee break
- 3:30- 5:30 (120min) [Creating your roadmap: Strategically mapping your next career move](#)
- 5:30- 6:00 (30min) Break, networking, free time
- 6:00- 8:00 (120min) Reception & Dinner
- 8:00- 9:30 [optional] Informal networking at local bar/cafe

## Day 2

### Session 3: Recap, Reflections and Refining the Map

- 8:30- 9:00 (30min) Light breakfast and networking
- 9:00- 9:30 (30min) [Review of Day 1](#)
- 9:30- 10:00 (30min) [Exchanging insights, identifying challenges, bridging gaps](#)
- 10:00-10:30 (60min) [Refining your roadmap, sharing and feedback](#)
- 10:30-11:00 (30min) Coffee break

### Session 4: Strategic Leadership Qualities to Practice in Support of Your Journey

- 11:00-11:40 (40min) [Preventing conflict: Who do you want to be when times get tough?](#)
- 11:40-12:30 (50min) [Optimize your roadmap: Leveraging strengths and perceived weaknesses](#)
- 12:30- 1:30 (60min) Lunch
- 1:30- 2:30 (60min) [Integrate your roadmap: Finding your best balance work vs. life vs. goals](#)
- 2:00- 3:00 (30min) [Peer feedback, discussions and questions](#)
- 3:00- 3:30 (30min) Coffee break and farewell
- 3:30- 4:30 [optional] Informal networking, refining of roadmap