

Roadmapping Success

June 8-10, 2026

Instructor: Anna Frebel

Materials provided: Lecture notes, workbook for session discussions/activities

Day 1

Session 1: Foundations of Leadership of Self

Breakfast at registration

8:30 - 9:00 (30min) Coffee and networking

9:00 - 9:45 (45min) [Welcome, logistics & overview](#)

9:45- 10:30 (45min) [L1 Authentic leadership: Leadership of self and Who do you want to be?](#)

10:30-11:00 (30min) Coffee break

11:00-12:30 (90min) [L2 Leadership success matrix: Skills assessment, goal setting, vision planning](#)

12:30 -2:00 (90min) Lunch

Session 2: Roadmapping Your Next Big Career Move

2:00 - 3:30 (90min) [L3 Moving past internal conflict: The stories we tell ourselves](#)

3:30 - 4:00 (30min) Coffee break

4:00 - 5:00 (60min) [L4 Holding space: Embrace both uncertainty and vision to shape your future](#)

5:00 - 6:00 (60min) Break, networking, free time

6:00 - 8:00 (120min) [optional] Dinner in Cambridge, with AF

8:00 - 9:30 (90min) [optional] Informal networking at local bar/cafe

Day 2

Session 3: Communication for Success

8:45 - 9:15 (30min) Light breakfast and networking

9:15 - 9:45 (30min) [Review of Day 1 & Exchanging insights, identifying challenges, bridging gaps](#)

9:45 - 10:45 (60min) [L5 Assessing your village: Optimize your brand, networking, and mentorship](#)

10:45-11:05 (20min) Coffee break

11:05-12:15 (70min) [L6 Communicating for success: Clear, Confident, and Impactful Communication](#)

12:15- 1:30 (75min) Lunch

Session 4: Strategy Planning

1:30 - 2:30 (60min) [L7 Strategic planning: Values, vision, and timelines](#)

2:30 - 3:30 (60min) [L8 Creating your roadmap: Strategically mapping your next career move](#)

3:30 - 4:00 (30min) Coffee break

4:00 - 5:00 (60min) [L8 Creating your roadmap: continued](#)

5:00 - 6:00 (60min) Break, networking, free time

6:00 - 8:00 (120min) [optional] Dinner in Cambridge, participants only

Day 3

Session 5: Recap, Reflections and Refining the Map

8:30 - 9:00 (30min) Light breakfast and networking

9:00 - 9:30 (30min) [Review of Day 2 & Exchanging insights, identifying challenges, bridging gaps](#)

9:30 -10:00 (30min) [Refining your roadmap and setting up your action plan](#)

Session 6: Strategic Leadership Qualities to Practice in Support of Your Journey

10:00-11:15 (75min) [L9 Preventing conflict: Who do you want to be when times get tough?](#)

11:15-11:30 (15min) Coffee break

11:30-12:15 (45min) [L10 Optimize your roadmap: Leveraging strengths and perceived weaknesses](#)

12:15- 1:30 (75min) Lunch

1:30 - 2:30 (60min) [L11 Integrate your roadmap: Finding your best balance work vs. life vs. goals](#)

2:30 - 3:15 (45min) [Peer feedback, discussions and questions](#)

3:15 - 4:00 (30min) Coffee break and farewell